

## **Friday, November 1, 2024**

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### **IN PERSON BINGO**

Date and Time: Friday, November 1 12:30 pm - 1:30 pm

Address: 200 Wardrope Avenue East

No cost to play Bingo, nominal prizes, all supplies provided.

Come out for a fun time!

### **Parents & Tots - Geraldton**

Date and Time: Friday, November 1 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Parents and Tots is for those who are just learning to skate. The program is free.

### **Parents & Tots - Longlac**

Date and Time: Friday, November 1 4:00 pm - 5:20 pm

Address: 200 picnic point drive

Parents and Tots is for those who are just learning to skate. The program is free.

### **Adult Soccer - Longlac**

Date and Time: Friday, November 1 5:00 pm - 7:00 pm

Address: 167 Centennial Drive

Adult soccer is every Friday at the Chateau Jeunesse school gym in Longlac from 5pm to 7pm. Please bring indoor running shoes and a water bottle.

### **Public Skating - Longlac**

Date and Time: Friday, November 1 5:30 pm - 6:50 pm

Address: 200 picnic point drive

Public Skating is free and for everyone and anyone.

## **Public Skating - Geraldton**

Date and Time: Friday, November 1 5:30 pm - 6:50 pm

Address: 200 wardrope ave east

Public skating is free for everyone and anyone.

## **Youth Basketball - Longlac**

Date and Time: Friday, November 1 6:30 pm - 8:00 pm

Address: 113 Indian Road

Youth basketball is for high school kids ages 14 to 18. It is every Friday from 6:30 p.m. to 8:00 p.m. at the Our Lady of Fatima Gym. Please bring indoor running shoes and a water bottle.

## **Adult Volleyball - Geraldton**

Date and Time: Friday, November 1 7:30 pm - 10:00 pm

Address: 500 Second Street West

Adult volleyball every Friday from 7:30 pm to 10:00 pm at the Geraldton Composite High School gymnasium. Please bring indoor shoes.

## **Shinny 13 to 18 - Longlac**

Date and Time: Friday, November 1 9:00 pm - 9:50 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Saturday, November 2, 2024**

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## **Public Skating - Geraldton**

Date and Time: Saturday, November 2 1:30 pm - 2:50 pm

Address: 200 wardrope ave east

Public skating is free for everyone and anyone.

## **Shinny 12 & Under - Geraldton**

Date and Time: Saturday, November 2 3:00 pm - 3:50 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Public Skating/Parents & Tots - Longlac**

Date and Time: Saturday, November 2 3:30 pm - 4:50 pm

Address: 200 picnic point drive

Public Skating is free and for everyone and anyone. Parents and Tots is for those who are just learning to skate. The program is free.

## **Parents & Tots - Geraldton**

Date and Time: Saturday, November 2 4:00 pm - 4:50 pm

Address: 200 wardrope ave east

Parents and Tots is for those who are just learning to skate. The program is free.

## **Harvest Dinner**

Date and Time: Saturday, November 2 5:30 pm

Address: Geraldton Curling Club

## **Shinny 13 to 18 - Geraldton**

Date and Time: Saturday, November 2 6:00 pm - 6:50 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Monday, November 4, 2024**

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### **DROP IN and WALK N TALK**

Date and Time: Monday, November 4 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

## **TELEPHONE BINGO SCWW**

Date and Time: Monday, November 4 11:15 am - 12:15 pm

Address: 200 Wardrope Avenue East

Play BINGO in the comfort of your home by calling in to play on the telephone.

Call to register and get supplies! Call Bernadine at 807-853-0625

## **EPC IN PERSON GAMES DAY**

Date and Time: Monday, November 4 1:00 pm - 4:00 pm

Address: 200 Wardrope Avenue East

Bring a friend to play cards, board games, Corn Hole, Ladder Golf, Darts or Shuffleboard!

We have all the supplies, just drop in and have fun!

## **EPC IN PERSON GAMES DAY**

Date and Time: Monday, November 4 1:00 pm - 4:00 pm

Address: 200 Wardrope Avenue East

Bring a friend to play cards, board games, Corn Hole, Ladder Golf, Darts or Shuffleboard!

We have all the supplies, just drop in and have fun!

## **Shinny 13 to 18 - Geraldton**

Date and Time: Monday, November 4 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Shinny 8 & Under - Longlac**

Date and Time: Monday, November 4 4:00 pm - 5:20 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Badminton and Pickleball - Geraldton**

Date and Time: Monday, November 4 7:30 pm - 10:00 pm

Address: 500 Second Street West

Badminton and Pickleball will take place at the gym at Geraldton Composite High School. Please bring indoor shoes and a racket if you own one. Equipment will be provided otherwise.

## **Shinny 13 to 18 - Longlac**

Date and Time: Monday, November 4 9:00 pm - 9:50 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Tuesday, November 5, 2024**

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### **EPC Quilting and Crafting**

Date and Time: Tuesday, November 5 8:00 am

Address: 200 Wardrope Avenue East

Do you want to learn to Quilt? Our experienced participants enjoy sharing their skills.

Do you like to craft? We have some kits and supplies, just drop in to check it out!

### **DROP IN and WALK N TALK**

Date and Time: Tuesday, November 5 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

### **EPC CARPET BOWLING**

Date and Time: Tuesday, November 5 1:00 pm - 4:00 pm

Address: 200 Wardrope Avenue East

Similar to Curling but indoors and warm. Learn to carpet bowl and have a few laughs. Develop skills and friendship!

## **Shinny 9 to 12 - Longlac**

Date and Time: Tuesday, November 5 4:00 pm - 5:20 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Shinny 12 & Under - Geraldton**

Date and Time: Tuesday, November 5 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Public Skating - Geraldton**

Date and Time: Tuesday, November 5 5:30 pm - 6:50 pm

Address: 200 wardrope ave east

Public skating is free for everyone and anyone.

## **Active Play - Nakina**

Date and Time: Tuesday, November 5 6:00 pm - 7:00 pm

Address: 214 North Avenue

Active Play is for kids from 0-9 to play and burn some energy with their peers. Active Play is every Tuesday from 6pm to 7pm at the Nakina Public School Gym. Please bring indoor shoes and a water bottle.

## **Pickleball - Longlac**

Date and Time: Tuesday, November 5 6:00 pm - 8:00 pm

Address: 113 Indian Road

Pickleball every Tuesday and Thursday from 6 pm to 8 pm at Our Lady of Fatima gymnasium. Must wear indoor shoes. If you have a racket, please bring it.

## **Wednesday, November 6, 2024**

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## **DROP IN and WALK N TALK**

Date and Time: Wednesday, November 6 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

## **EXERCISE CLASSES - FALL PREVENTION**

Date and Time: Wednesday, November 6 11:00 am - 12:00 pm

Address: 200 Wardrope Avenue East

Come out to exercise with Registered Kinesiologist, Stephanie, from the Geraldton District Hospital Rehabilitation Department.

You may need a resistance band at a nominal cost. Stephanie will provide you ways to accommodate your physical abilities.

## **ARTIST GROUP**

Date and Time: Wednesday, November 6 2:00 pm - 6:00 pm

Address: 200 Wardrope Avenue East

Are you a budding artist interested in learning to expand your creative abilities? Water colour, pastels, acrylic, oil painting, sketching.....

We are opening this group up to Youth 13 and up and all adults. Share tips and develop skills with your peers.

We have limited supplies. Bring what you have.

## **Shinny 9 to 12 - Longlac**

Date and Time: Wednesday, November 6 4:00 pm - 5:20 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Shinny 13 to 18 - Geraldton**

Date and Time: Wednesday, November 6 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Public Skating - Geraldton**

Date and Time: Wednesday, November 6 5:30 pm - 6:50 pm

Address: 200 Wardrope Ave East

Public skating is free for everyone and anyone.

## **Youth Soccer - Longlac**

Date and Time: Wednesday, November 6 6:00 pm - 8:00 pm

Address: 167 Centennial Drive

Youth soccer will be held every Wednesday from 6pm to 8pm at Chateau Jeunesse gym in Longlac. Please bring indoor shoes and a water bottle. For more information contact Mohamed Salem Ould.

## **4-week Mindfulness Group**

Date and Time: Wednesday, November 6 6:30 pm - 7:30 pm

Address: Greenstone Public Library - Geraldton Branch

## **Thursday, November 7, 2024**

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### **DROP IN and WALK N TALK**

Date and Time: Thursday, November 7 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

### **TELEPHONE BINGO SCWW**

Date and Time: Thursday, November 7 11:15 am - 12:15 pm

Address: 200 Wardrope Avenue East

Play BINGO in the comfort of your home by calling in to play on the telephone.

Call to register and get supplies! Call Bernadine at 807-853-0625



## **EPC CARPET BOWLING**

Date and Time: Thursday, November 7 1:00 pm - 4:00 pm

Address: 200 Wardrope Avenue East

Similar to Curling but indoors and warm. Learn to carpet bowl and have a few laughs. Develop skills and friendship!

## **Shinny 8 & Under - Longlac**

Date and Time: Thursday, November 7 4:00 pm - 5:20 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Shinny 12 & Under - Geraldton**

Date and Time: Thursday, November 7 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Craft Club**

Date and Time: Thursday, November 7 5:00 pm - 8:00 pm

Address: 200 Wardrope Avenue East

Bring a craft to work on or learn a grassroots craft like crocheting, knitting. Some craft supplies available.

This activity is open to ages 16 +

## **Craft Club**

Date and Time: Thursday, November 7 5:00 pm - 8:00 pm

Address: 200 Wardrope Avenue East

Bring a craft to work on or learn a grassroots craft like crocheting, knitting. Some craft supplies available.

This activity is open to ages 16 +

## **Pickleball - Longlac**

Date and Time: Thursday, November 7 6:00 pm - 8:00 pm

Address: 113 Indian Road

Pickleball every Tuesday and Thursday from 6 pm to 8 pm at Our Lady of Fatima gymnasium. Must wear indoor shoes. If you have a racket, please bring it.

## **Badminton and Pickleball - Geraldton**

Date and Time: Thursday, November 7 8:30 pm - 10:00 pm

Address: 500 Second Street West

Badminton and Pickleball will take place at the gym at Geraldton Composite High School. Please bring indoor shoes and a racket if you own one. Equipment will be provided otherwise.

## **Friday, November 8, 2024**

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### **DROP IN and WALK N TALK**

Date and Time: Friday, November 8 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

### **Chair Exercises SCWW**

Date and Time: Friday, November 8 11:00 am - 11:30 am

Address: 200 Wardrope Avenue East

Looking for exercise activity? Come into the EPC or stay in your living room and follow along this video lead instructor.

Must have a computer or tablet, internet and email to participate from home.

You may also come to the centre to participate with others.

### **IN PERSON BINGO**

Date and Time: Friday, November 8 12:30 pm - 1:30 pm

Address: 200 Wardrope Avenue East

No cost to play Bingo, nominal prizes, all supplies provided.

Come out for a fun time!

## Parents & Tots - Geraldton

Date and Time: Friday, November 8 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Parents and Tots is for those who are just learning to skate. The program is free.

## Adult Soccer - Longlac

Date and Time: Friday, November 8 5:00 pm - 7:00 pm

Address: 167 Centennial Drive

Adult soccer is every Friday at the Chateau Jeunesse school gym in Longlac from 5pm to 7pm. Please bring indoor running shoes and a water bottle.

## Public Skating - Geraldton

Date and Time: Friday, November 8 5:30 pm - 6:50 pm

Address: 200 wardrope ave east

Public skating is free for everyone and anyone.

## Youth Basketball - Longlac

Date and Time: Friday, November 8 6:30 pm - 8:00 pm

Address: 113 Indian Road

Youth basketball is for high school kids ages 14 to 18. It is every Friday from 6:30 p.m. to 8:00 p.m. at the Our Lady of Fatima Gym. Please bring indoor running shoes and a water bottle.

## Tim Hicks - Geraldton Concert Series

Date and Time: Friday, November 8 7:30 pm

Address: Country Club - 107 3rd St N, Geraldton ON

Inspired by the Canadian summer nights of sitting around a campfire sharing stories and singing songs, Hicks will be performing acoustic arrangements and stripped down versions of fan favourites, along with select choices from his new record Campfire Troubadour Vol 2. A five time JUNO Award nominee and CCMA Award winner, Tim Hicks has earned four Platinum selling singles, a Double Platinum single, nine Gold singles and eighteen Top 10 radio hits in his decade of releasing music. Stand outs include #1 songs; No Truck Song and What A Song Should Do along with Loud, Get By, Stompin' Ground, Talk To Time, Whiskey Does and the national party anthem, Stronger Beer among many others.

## Ticket Sales

SERIES TICKETS ARE AVAILABLE NOW

By Mail Geraldton Concert Series  
P.O. Box 1290  
Geraldton, ON  
P0T 1M0

Email Money Transfer

geraldton.concerts@gmail.com

Series Tickets:

\$110.00 For all shows

\$100.00 (Seniors & Students under 18)

Single Tickets:

\$30.00 per ticket

On sale, starting September 1st 2024

Individual tickets may be purchased anytime after September 1st 2024 by mail, email money transfer, or at the door on the evening of the performance, dependant on availability

For more information, please call  
Frank Dzijacky (807) 854-5656



ALLISON LUPTON  
FRIDAY, SEPT. 20TH



TIM HICKS  
FRIDAY, NOV. 8TH



IAN SHERWOOD  
SUNDAY, DEC. 8TH



AYSANABEE  
MONDAY, FEB. 10TH



DIRTY CATFISH  
BRASS BAND  
SUNDAY, MAR. 23RD



RUM RAGGED  
SUNDAY, APR. 27TH



2024 - 2025  
SEASON



ONTARIO'S LONGEST  
RUNNING MUSIC SERIES,  
SHOWCASING  
WORLD CLASS PERFORMERS

THE  
**GERALDTON  
CONCERT SERIES**  
CELEBRATING 60 YEARS



Ontario



Canadian  
Heritage

Patrimoine  
canadien

## Adult Volleyball - Geraldton

Date and Time: Friday, November 8 7:30 pm - 10:00 pm

Address: 500 Second Street West

Adult volleyball every Friday from 7:30 pm to 10:00 pm at the Geraldton Composite High School gymnasium. Please bring indoor shoes.

## Saturday, November 9, 2024

### Public Skating - Geraldton

Date and Time: Saturday, November 9 1:30 pm - 2:50 pm

Address: 200 Wardrobe Ave East

Public skating is free for everyone and anyone.

## **Shinny 12 & Under - Geraldton**

Date and Time: Saturday, November 9 3:00 pm - 3:50 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Public Skating/Parents & Tots - Longlac**

Date and Time: Saturday, November 9 3:30 pm - 4:50 pm

Address: 200 picnic point drive

Public Skating is free and for everyone and anyone. Parents and Tots is for those who are just learning to skate. The program is free.

## **Parents & Tots - Geraldton**

Date and Time: Saturday, November 9 4:00 pm - 4:50 pm

Address: 200 wardrope ave east

Parents and Tots is for those who are just learning to skate. The program is free.

## **Shinny 13 to 18 - Geraldton**

Date and Time: Saturday, November 9 6:00 pm - 6:50 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Monday, November 11, 2024**

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### **Municipal Office/Facility Closures**

Date and Time: Monday, November 11 12:00 am

Address: Greenstone

All Municipal Ward Offices and Facilities will be closed all day for Remembrance Day.

### **Longlac Legion Remembrance Day Ceremony**

Date and Time: Monday, November 11 10:30 am

Address: Longlac Legion

## **Geraldton Legion Remembrance Day Ceremony**

Date and Time: Monday, November 11 10:45 am

Address: Geraldton Legion

## **Badminton and Pickleball - Geraldton**

Date and Time: Monday, November 11 7:30 pm - 10:00 pm

Address: 500 Second Street West

Badminton and Pickleball will take place at the gym at Geraldton Composite High School. Please bring indoor shoes and a racket if you own one. Equipment will be provided otherwise.

## **Tuesday, November 12, 2024**

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### **EPC Quilting and Crafting**

Date and Time: Tuesday, November 12 8:00 am

Address: 200 Wardrope Avenue East

Do you want to learn to Quilt? Our experienced participants enjoy sharing their skills.

Do you like to craft? We have some kits and supplies, just drop in to check it out!

### **DROP IN and WALK N TALK**

Date and Time: Tuesday, November 12 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

### **EPC CARPET BOWLING**

Date and Time: Tuesday, November 12 1:00 pm - 4:00 pm

Address: 200 Wardrope Avenue East

Similar to Curling but indoors and warm. Learn to carpet bowl and have a few laughs. Develop skills and friendship!

## **Shinny 12 & Under - Geraldton**

Date and Time: Tuesday, November 12 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Shinny 9 to 12 - Longlac**

Date and Time: Tuesday, November 12 4:00 pm - 5:20 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Public Skating - Geraldton**

Date and Time: Tuesday, November 12 5:30 pm - 6:50 pm

Address: 200 wardrope ave east

Public skating is free for everyone and anyone.

## **Active Play - Nakina**

Date and Time: Tuesday, November 12 6:00 pm - 7:00 pm

Address: 214 North Avenue

Active Play is for kids from 0-9 to play and burn some energy with their peers. Active Play is every Tuesday from 6pm to 7pm at the Nakina Public School Gym. Please bring indoor shoes and a water bottle.

## **Pickleball - Longlac**

Date and Time: Tuesday, November 12 6:00 pm - 8:00 pm

Address: 113 Indian Road

Pickleball every Tuesday and Thursday from 6 pm to 8 pm at Our Lady of Fatima gymnasium. Must wear indoor shoes. If you have a racket, please bring it.

## **Wednesday, November 13, 2024**

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## **DROP IN and WALK N TALK**

Date and Time: Wednesday, November 13 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

## **EXERCISE CLASSES - FALL PREVENTION**

Date and Time: Wednesday, November 13 11:00 am - 12:00 pm

Address: 200 Wardrope Avenue East

Come out to exercise with Registered Kinesiologist, Stephanie, from the Geraldton District Hospital Rehabilitation Department.

You may need a resistance band at a nominal cost. Stephanie will provide you ways to accommodate your physical abilities.

## **Kinna Aweya Legal Clinic Webinars/Workshops**

Date and Time: Wednesday, November 13 12:00 pm - 1:00 pm

Address: 200 Wardrope Avenue East

Please call to register to attend or participate in these webinars/workshops.

The webinars can be attended from the comfort of your home or at the Elder Persons Centre.

Workshops with IN PERSON Agency must be attended in person at the centre.

**Kinna Aweya Legal Clinic WORKSHOPS**

Friday, November 15 at 1:30 pm - Income Tax Info

Friday, November 22 at 1:30 pm - Gearing up to Retirement - CPP/OAS/GIS/Changes to OHIP

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**Advocacy North for Elders and Seniors - WEBINARS**

Wednesday, November 13 at Noon - Your Rights in Senior Homes

Wednesday, November 27 at Noon - Consumer Rights

## **ARTIST GROUP**

Date and Time: Wednesday, November 13 2:00 pm - 6:00 pm



Address: 200 Wardrope Avenue East

Are you a budding artist interested in learning to expand your creative abilities? Water colour, pastels, acrylic, oil painting, sketching.....

We are opening this group up to Youth 13 and up and all adults. Share tips and develop skills with your peers.

We have limited supplies. Bring what you have.

### **Shinny 9 to 12 - Longlac**

Date and Time: Wednesday, November 13 4:00 pm - 5:20 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

### **Shinny 13 to 18 - Geraldton**

Date and Time: Wednesday, November 13 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

### **Public Skating - Geraldton**

Date and Time: Wednesday, November 13 5:30 pm - 6:50 pm

Address: 200 wardrope ave east

Public skating is free for everyone and anyone.

### **Youth Soccer - Longlac**

Date and Time: Wednesday, November 13 6:00 pm - 8:00 pm

Address: 167 Centennial Drive

Youth soccer will be held every Wednesday from 6pm to 8pm at Chateau Jeunesse gym in Longlac. Please bring indoor shoes and a water bottle. For more information contact Mohamed Salem Ould.

### **4-week Mindfulness Group**

Date and Time: Wednesday, November 13 6:30 pm - 7:30 pm

Address: Greenstone Public Library - Geraldton Branch

## **Badminton and Pickleball - Geraldton**

Date and Time: Wednesday, November 13 7:30 pm - 10:00 pm

Address: 500 Second Street West

Badminton and Pickleball will take place at the gym at Geraldton Composite High School. Please bring indoor shoes and a racket if you own one. Equipment will be provided otherwise.

## **Thursday, November 14, 2024**

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### **DROP IN and WALK N TALK**

Date and Time: Thursday, November 14 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

### **Ministry of Transportation -Renew G Drivers License for 80 years and older**

Date and Time: Thursday, November 14 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

MUST CALL TO REGISTER FOR YOUR APPOINTMENT 1-800-396-4233

### **TELEPHONE BINGO SCWW**

Date and Time: Thursday, November 14 11:15 am - 12:15 pm

Address: 200 Wardrope Avenue East

Play BINGO in the comfort of your home by calling in to play on the telephone.

Call to register and get supplies! Call Bernadine at 807-853-0625

### **EPC CARPET BOWLING**

Date and Time: Thursday, November 14 1:00 pm - 4:00 pm

Address: 200 Wardrope Avenue East

Similar to Curling but indoors and warm. Learn to carpet bowl and have a few laughs. Develop skills and friendship!

## **Shinny 8 & Under - Longlac**

Date and Time: Thursday, November 14 4:00 pm - 5:20 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Shinny 12 & Under - Geraldton**

Date and Time: Thursday, November 14 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Craft Club**

Date and Time: Thursday, November 14 5:00 pm - 8:00 pm

Address: 200 Wardrope Avenue East

Bring a craft to work on or learn a grassroots craft like crocheting, knitting. Some craft supplies available.

This activity is open to ages 16 +

## **Pickleball - Longlac**

Date and Time: Thursday, November 14 6:00 pm - 8:00 pm

Address: 113 Indian Road

Pickleball every Tuesday and Thursday from 6 pm to 8 pm at Our Lady of Fatima gymnasium. Must wear indoor shoes. If you have a racket, please bring it.

## **Badminton and Pickleball - Geraldton**

Date and Time: Thursday, November 14 8:30 pm - 10:00 pm

Address: 500 Second Street West

Badminton and Pickleball will take place at the gym at Geraldton Composite High School. Please bring indoor shoes and a racket if you own one. Equipment will be provided otherwise.

## **Friday, November 15, 2024**

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## **DROP IN and WALK N TALK**

Date and Time: Friday, November 15 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

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## **Chair Exercises SCWW**

Date and Time: Friday, November 15 11:00 am - 11:30 am

Address: 200 Wardrope Avenue East

Looking for exercise activity? Come into the EPC or stay in your living room and follow along this video lead instructor.

Must have a computer or tablet, internet and email to participate from home.

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## **IN PERSON BINGO**

Date and Time: Friday, November 15 12:30 pm - 1:30 pm

Address: 200 Wardrope Avenue East

No cost to play Bingo, nominal prizes, all supplies provided.

Come out for a fun time!

## **Kinna Aweya Legal Clinic Webinars/Workshops**

Date and Time: Friday, November 15 1:30 pm - 2:30 pm

Address: 200 Wardrope Avenue East

Please call to register to attend or participate in these webinars/workshops.

The webinars can be attended from the comfort of your home or at the Elder Persons Centre.

Workshops with IN PERSON Agency must be attended in person at the centre.

**Kinna Aweya Legal Clinic WORKSHOPS**

Friday, November 15 at 1:30 pm - Income Tax Info

Friday, November 22 at 1:30 pm - Gearing up to Retirement - CPP/OAS/GIS/Changes to OHIP

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Advocacy North for Elders and Seniors - WEBINARS

Wednesday, November 13 at Noon - Your Rights in Senior Homes

Wednesday, November 27 at Noon - Consumer Rights

## **Carole Tanguay Memorial Hockey Tournament - Longlac**

Date and Time: Friday, November 15 2:00 pm - 9:00 pm

Address: 200 picnic point drive

The Carole Tanguay Memorial Hockey Tournament is an annual minor hockey tournament held in Longlac. It is a U9, U11 and U13 tournament that sees 16 teams participate throughout the weekend.

## **Parents & Tots - Geraldton**

Date and Time: Friday, November 15 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Parents and Tots is for those who are just learning to skate. The program is free.

## **Adult Soccer - Longlac**

Date and Time: Friday, November 15 5:00 pm - 7:00 pm

Address: 167 Centennial Drive

Adult soccer is every Friday at the Chateau Jeunesse school gym in Longlac from 5pm to 7pm. Please bring indoor running shoes and a water bottle.

## **Public Skating - Geraldton**

Date and Time: Friday, November 15 5:30 pm - 6:50 pm

Address: 200 wardrope ave east

Public skating is free for everyone and anyone.

## **Youth Basketball - Longlac**

Date and Time: Friday, November 15 6:30 pm - 8:00 pm

Address: 113 Indian Road

Youth basketball is for high school kids ages 14 to 18. It is every Friday from 6:30 p.m. to 8:00 p.m. at the Our Lady of Fatima Gym. Please bring indoor running shoes and a water bottle.

## **Adult Volleyball - Geraldton**

Date and Time: Friday, November 15 7:30 pm - 10:00 pm

Address: 500 Second Street West

Adult volleyball every Friday from 7:30 pm to 10:00 pm at the Geraldton Composite High School gymnasium. Please bring indoor shoes.

## **Saturday, November 16, 2024**

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### **Carole Tanguay Memorial Hockey Tournament - Longlac**

Date and Time: Saturday, November 16 8:00 am - 9:00 pm

Address: 200 picnic point drive

The Carole Tanguay Memorial Hockey Tournament is an annual minor hockey tournament held in Longlac. It is a U9, U11 and U13 tournament that sees 16 teams participate throughout the weekend.

### **Public Skating - Geraldton**

Date and Time: Saturday, November 16 1:30 pm - 2:50 pm

Address: 200 wardrope ave east

Public skating is free for everyone and anyone.

### **Shinny 12 & Under - Geraldton**

Date and Time: Saturday, November 16 3:00 pm - 3:50 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

### **Parents & Tots - Geraldton**

Date and Time: Saturday, November 16 4:00 pm - 4:50 pm

Address: 200 wardrope ave east

Parents and Tots is for those who are just learning to skate. The program is free.

### **Shinny 13 to 18 - Geraldton**

Date and Time: Saturday, November 16 6:00 pm - 6:50 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Sunday, November 17, 2024**

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### **Carole Tanguay Memorial Hockey Tournament - Longlac**

Date and Time: Sunday, November 17 8:00 am - 3:30 pm

Address: 200 picnic point drive

The Carole Tanguay Memorial Hockey Tournament is an annual minor hockey tournament held in Longlac. It is a U9, U11 and U13 tournament that see's 16 teams participate throughout the weekend.

## **Monday, November 18, 2024**

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### **DROP IN and WALK N TALK**

Date and Time: Monday, November 18 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

### **POTLUCK LUNCH FOR SENIORS**

Date and Time: Monday, November 18 11:00 am - 1:00 pm

Address: 200 Wardrope Avenue East

Bring a food item to share with your peers! For Greenstone Residents 55+ years of age

Great food and great friendship!

### **TELEPHONE BINGO SCWW**

Date and Time: Monday, November 18 11:15 am - 12:15 pm

Address: 200 Wardrope Avenue East

Play BINGO in the comfort of your home by calling in to play on the telephone.

Call to register and get supplies! Call Bernadine at 807-853-0625

## **EPC IN PERSON GAMES DAY**

Date and Time: Monday, November 18 1:00 pm - 4:00 pm

Address: 200 Wardrope Avenue East

Bring a friend to play cards, board games, Corn Hole, Ladder Golf, Darts or Shuffleboard!

We have all the supplies, just drop in and have fun!

## **Shinny 13 to 18 - Geraldton**

Date and Time: Monday, November 18 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Shinny 8 & Under - Longlac**

Date and Time: Monday, November 18 4:00 pm - 5:20 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Badminton and Pickleball - Geraldton**

Date and Time: Monday, November 18 7:30 pm - 10:00 pm

Address: 500 Second Street West

Badminton and Pickleball will take place at the gym at Geraldton Composite High School. Please bring indoor shoes and a racket if you own one. Equipment will be provided otherwise.

## **Shinny 13 to 18 - Longlac**

Date and Time: Monday, November 18 9:00 pm - 9:50 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

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## **Tuesday, November 19, 2024**



## **EPC Quilting and Crafting**

Date and Time: Tuesday, November 19 8:00 am

Address: 200 Wardrope Avenue East

Do you want to learn to Quilt? Our experienced participants enjoy sharing their skills.

Do you like to craft? We have some kits and supplies, just drop in to check it out!

## **DROP IN and WALK N TALK**

Date and Time: Tuesday, November 19 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

## **EPC CARPET BOWLING**

Date and Time: Tuesday, November 19 1:00 pm - 4:00 pm

Address: 200 Wardrope Avenue East

Similar to Curling but indoors and warm. Learn to carpet bowl and have a few laughs. Develop skills and friendship!

## **Shinny 9 to 12 - Longlac**

Date and Time: Tuesday, November 19 4:00 pm - 5:20 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Shinny 12 & Under - Geraldton**

Date and Time: Tuesday, November 19 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Public Skating - Geraldton**

Date and Time: Tuesday, November 19 5:30 pm - 6:50 pm

Address: 200 Wardrope Ave East

Public skating is free for everyone and anyone.

## Active Play - Nakina

Date and Time: Tuesday, November 19 6:00 pm - 7:00 pm

Address: 214 North Avenue

Active Play is for kids from 0-9 to play and burn some energy with their peers. Active Play is every Tuesday from 6pm to 7pm at the Nakina Public School Gym. Please bring indoor shoes and a water bottle.

## Pickleball - Longlac

Date and Time: Tuesday, November 19 6:00 pm - 8:00 pm

Address: 113 Indian Road

Pickleball every Tuesday and Thursday from 6 pm to 8 pm at Our Lady of Fatima gymnasium. Must wear indoor shoes. If you have a racket, please bring it.

## Wednesday, November 20, 2024

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### DROP IN and WALK N TALK

Date and Time: Wednesday, November 20 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

### EXERCISE CLASSES - FALL PREVENTION

Date and Time: Wednesday, November 20 11:00 am - 12:00 pm

Address: 200 Wardrope Avenue East

Come out to exercise with Registered Kinesiologist, Stephanie, from the Geraldton District Hospital Rehabilitation Department.

You may need a resistance band at a nominal cost. Stephanie will provide you ways to accommodate your physical abilities.

## **ARTIST GROUP**

Date and Time: Wednesday, November 20 2:00 pm - 6:00 pm

Address: 200 Wardrope Avenue East

Are you a budding artist interested in learning to expand your creative abilities? Water colour, pastels, acrylic, oil painting, sketching.....

We are opening this group up to Youth 13 and up and all adults. Share tips and develop skills with your peers.

We have limited supplies. Bring what you have.

## **Shinny 9 to 12 - Longlac**

Date and Time: Wednesday, November 20 4:00 pm - 5:20 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Shinny 13 to 18 - Geraldton**

Date and Time: Wednesday, November 20 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Public Skating - Geraldton**

Date and Time: Wednesday, November 20 5:30 pm - 6:50 pm

Address: 200 wardrope ave east

Public skating is free for everyone and anyone.

## **Youth Soccer - Longlac**

Date and Time: Wednesday, November 20 6:00 pm - 8:00 pm

Address: 167 Centennial Drive

Youth soccer will be held every Wednesday from 6pm to 8pm at Chateau Jeunesse gym in Longlac. Please bring indoor shoes and a water bottle. For more information contact Mohamed Salem Ould.

## **4-week Mindfulness Group**

Date and Time: Wednesday, November 20 6:30 pm - 7:30 pm

Address: Greenstone Public Library - Geraldton Branch

## **Thursday, November 21, 2024**

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### **DROP IN and WALK N TALK**

Date and Time: Thursday, November 21 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

### **TELEPHONE BINGO SCWW**

Date and Time: Thursday, November 21 11:15 am - 12:15 pm

Address: 200 Wardrope Avenue East

Play BINGO in the comfort of your home by calling in to play on the telephone.

Call to register and get supplies! Call Bernadine at 807-853-0625

### **EPC CARPET BOWLING**

Date and Time: Thursday, November 21 1:00 pm - 4:00 pm

Address: 200 Wardrope Avenue East

Similar to Curling but indoors and warm. Learn to carpet bowl and have a few laughs. Develop skills and friendship!

### **Shinny 8 & Under - Longlac**

Date and Time: Thursday, November 21 4:00 pm - 5:20 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

### **Shinny 12 & Under - Geraldton**

Date and Time: Thursday, November 21 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Craft Club**

Date and Time: Thursday, November 21 5:00 pm - 8:00 pm

Address: 200 Wardrope Avenue East

Bring a craft to work on or learn a grassroots craft like crocheting, knitting. Some craft supplies available.

This activity is open to ages 16 +

## **Pickleball - Longlac**

Date and Time: Thursday, November 21 6:00 pm - 8:00 pm

Address: 113 Indian Road

Pickleball every Tuesday and Thursday from 6 pm to 8 pm at Our Lady of Fatima gymnasium. Must wear indoor shoes. If you have a racket, please bring it.

## **Badminton and Pickleball - Geraldton**

Date and Time: Thursday, November 21 8:30 pm - 10:00 pm

Address: 500 Second Street West

Badminton and Pickleball will take place at the gym at Geraldton Composite High School. Please bring indoor shoes and a racket if you own one. Equipment will be provided otherwise.

## **Friday, November 22, 2024**

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### **DROP IN and WALK N TALK**

Date and Time: Friday, November 22 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

### **Chair Exercises SCWW**

Date and Time: Friday, November 22 11:00 am - 11:30 am

Address: 200 Wardrope Avenue East

Looking for exercise activity? Come into the EPC or stay in your living room and follow along this video lead instructor.

Must have a computer or tablet, internet and email to participate from home.

You may also come to the centre to participate with others.

## **IN PERSON BINGO**

Date and Time: Friday, November 22 12:30 pm - 1:30 pm

Address: 200 Wardrope Avenue East

No cost to play Bingo, nominal prizes, all supplies provided.

Come out for a fun time!

## **Kinna Aweya Legal Clinic Webinars/Workshops**

Date and Time: Friday, November 22 1:30 pm - 2:30 pm

Address: 200 Wardrope Avenue East

Please call to register to attend or participate in these webinars/workshops.

The webinars can be attended from the comfort of your home or at the Elder Persons Centre.

Workshops with IN PERSON Agency must be attended in person at the centre.

**Kinna Aweya Legal Clinic WORKSHOPS**

Friday, November 15 at 1:30 pm - Income Tax Info

Friday, November 22 at 1:30 pm - Gearing up to Retirement - CPP/OAS/GIS/Changes to OHIP

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**Advocacy North for Elders and Seniors - WEBINARS**

Wednesday, November 13 at Noon - Your Rights in Senior Homes

Wednesday, November 27 at Noon - Consumer Rights

## **Parents & Tots - Geraldton**

Date and Time: Friday, November 22 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Parents and Tots is for those who are just learning to skate. The program is free.

## **Parents & Tots - Longlac**

Date and Time: Friday, November 22 4:00 pm - 5:20 pm

Address: 200 picnic point drive

Parents and Tots is for those who are just learning to skate. The program is free.

## **Adult Soccer - Longlac**

Date and Time: Friday, November 22 5:00 pm - 7:00 pm

Address: 167 Centennial Drive

Adult soccer is every Friday at the Chateau Jeunesse school gym in Longlac from 5pm to 7pm. Please bring indoor running shoes and a water bottle.

## **Public Skating - Longlac**

Date and Time: Friday, November 22 5:30 pm - 6:50 pm

Address: 200 picnic point drive

Public Skating is free and for everyone and anyone.

## **Public Skating - Geraldton**

Date and Time: Friday, November 22 5:30 pm - 6:50 pm

Address: 200 wardrope ave east

Public skating is free for everyone and anyone.

## **Youth Basketball - Longlac**

Date and Time: Friday, November 22 6:30 pm - 8:00 pm

Address: 113 Indian Road

Youth basketball is for high school kids ages 14 to 18. It is every Friday from 6:30 p.m. to 8:00 p.m. at the Our Lady of Fatima Gym. Please bring indoor running shoes and a water bottle.

## **Adult Volleyball - Geraldton**

Date and Time: Friday, November 22 7:30 pm - 10:00 pm

Address: 500 Second Street West

Adult volleyball every Friday from 7:30 pm to 10:00 pm at the Geraldton Composite High School gymnasium. Please bring indoor shoes.

## **Shinny 13 to 18 - Longlac**

Date and Time: Friday, November 22 9:00 pm - 9:50 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Saturday, November 23, 2024**

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### **Shinny 13 to 18 - Geraldton**

Date and Time: Saturday, November 23 12:30 pm - 1:20 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

### **Public Skating - Geraldton**

Date and Time: Saturday, November 23 1:30 pm - 2:50 pm

Address: 200 wardrope ave east

Public skating is free for everyone and anyone.

### **Shinny 12 & Under - Geraldton**

Date and Time: Saturday, November 23 3:00 pm - 3:50 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

### **Public Skating/Parents & Tots - Longlac**

Date and Time: Saturday, November 23 3:30 pm - 4:50 pm

Address: 200 picnic point drive

Public Skating is free and for everyone and anyone. Parents and Tots is for those who are just learning to skate. The program is free.



## **Parents & Tots - Geraldton**

Date and Time: Saturday, November 23 4:00 pm - 4:50 pm

Address: 200 wardrope ave east

Parents and Tots is for those who are just learning to skate. The program is free.

## **Sunday, November 24, 2024**

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### **Longlac Legion Christmas Market**

Date and Time: Sunday, November 24 11:00 am - 2:00 pm

Address: Longlac Legion

## **Monday, November 25, 2024**

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### **DROP IN and WALK N TALK**

Date and Time: Monday, November 25 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

### **TELEPHONE BINGO SCWW**

Date and Time: Monday, November 25 11:15 am - 12:15 pm

Address: 200 Wardrope Avenue East

Play BINGO in the comfort of your home by calling in to play on the telephone.

Call to register and get supplies! Call Bernadine at 807-853-0625

### **EPC IN PERSON GAMES DAY**

Date and Time: Monday, November 25 1:00 pm - 4:00 pm

Address: 200 Wardrope Avenue East

Bring a friend to play cards, board games, Corn Hole, Ladder Golf, Darts or Shuffleboard!

We have all the supplies, just drop in and have fun!

### **Shinny 13 to 18 - Geraldton**

Date and Time: Monday, November 25 4:00 pm - 5:20 pm

Address: 200 Wardrope Ave East

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

### **Shinny 8 & Under - Longlac**

Date and Time: Monday, November 25 4:00 pm - 5:20 pm

Address: 200 Picnic Point Drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

### **Badminton and Pickleball - Geraldton**

Date and Time: Monday, November 25 7:30 pm - 10:00 pm

Address: 500 Second Street West

Badminton and Pickleball will take place at the gym at Geraldton Composite High School. Please bring indoor shoes and a racket if you own one. Equipment will be provided otherwise.

### **Shinny 13 to 18 - Longlac**

Date and Time: Monday, November 25 9:00 pm - 9:50 pm

Address: 200 Picnic Point Drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Tuesday, November 26, 2024**

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### **EPC Quilting and Crafting**

Date and Time: Tuesday, November 26 8:00 am

Address: 200 Wardrope Avenue East

Do you want to learn to Quilt? Our experienced participants enjoy sharing their skills.

Do you like to craft? We have some kits and supplies, just drop in to check it out!

## **DROP IN and WALK N TALK**

Date and Time: Tuesday, November 26 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

## **EPC CARPET BOWLING**

Date and Time: Tuesday, November 26 1:00 pm - 4:00 pm

Address: 200 Wardrope Avenue East

Similar to Curling but indoors and warm. Learn to carpet bowl and have a few laughs. Develop skills and friendship!

## **Shinny 9 to 12 - Longlac**

Date and Time: Tuesday, November 26 4:00 pm - 5:20 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Shinny 12 & Under - Geraldton**

Date and Time: Tuesday, November 26 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Public Skating - Geraldton**

Date and Time: Tuesday, November 26 5:30 pm - 6:50 pm

Address: 200 wardrope ave east

Public skating is free for everyone and anyone.

## **Active Play - Nakina**

Date and Time: Tuesday, November 26 6:00 pm - 7:00 pm

Address: 214 North Avenue

Active Play is for kids from 0-9 to play and burn some energy with their peers. Active Play is every Tuesday from 6pm to 7pm at the Nakina Public School Gym. Please bring indoor shoes and a water bottle.

## **Pickleball - Longlac**

Date and Time: Tuesday, November 26 6:00 pm - 8:00 pm

Address: 113 Indian Road

Pickleball every Tuesday and Thursday from 6 pm to 8 pm at Our Lady of Fatima gymnasium. Must wear indoor shoes. If you have a racket, please bring it.

## **Wednesday, November 27, 2024**

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### **DROP IN and WALK N TALK**

Date and Time: Wednesday, November 27 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

### **EXERCISE CLASSES - FALL PREVENTION**

Date and Time: Wednesday, November 27 11:00 am - 12:00 pm

Address: 200 Wardrope Avenue East

Come out to exercise with Registered Kinesiologist, Stephanie, from the Geraldton District Hospital Rehabilitation Department.

You may need a resistance band at a nominal cost. Stephanie will provide you ways to accommodate your physical abilities.

### **Kinna Aweya Legal Clinic Webinars/Workshops**

Date and Time: Wednesday, November 27 12:00 pm - 1:00 pm

Address: 200 Wardrope Avenue East

Please call to register to attend or participate in these webinars/workshops.

The webinars can be attended from the comfort of your home or at the Elder Persons Centre.

Workshops with IN PERSON Agency must be attended in person at the centre.

### Kinna Aweya Legal Clinic WORKSHOPS

Friday, November 15 at 1:30 pm - Income Tax Info

Friday, November 22 at 1:30 pm - Gearing up to Retirement - CPP/OAS/GIS/Changes to OHIP

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### Advocacy North for Elders and Seniors - WEBINARS

Wednesday, November 13 at Noon - Your Rights in Senior Homes

Wednesday, November 27 at Noon - Consumer Rights

## Christmas Cards with Karen A

Date and Time: Wednesday, November 27 1:00 pm - 3:00 pm

Address: 200 Wardrope Avenue East

Christmas Card Making with the talented Karen Armstrong. Karen generously donates the supplies and her time to share this activity with seniors.

Seniors are Greenstone Residents who are 55+ years of age. There is no cost to participate.

Must preregister as their are limited seats available. Call Bernadine 807-853-0625.

## ARTIST GROUP

Date and Time: Wednesday, November 27 2:00 pm - 6:00 pm

Address: 200 Wardrope Avenue East

Are you a budding artist interested in learning to expand your creative abilities? Water colour, pastels, acrylic, oil painting, sketching.....

We are opening this group up to Youth 13 and up and all adults. Share tips and develop skills with your peers.

We have limited supplies. Bring what you have.

## Shinny 9 to 12 - Longlac

Date and Time: Wednesday, November 27 4:00 pm - 5:20 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Shinny 13 to 18 - Geraldton**

Date and Time: Wednesday, November 27 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Public Skating - Geraldton**

Date and Time: Wednesday, November 27 5:30 pm - 6:50 pm

Address: 200 wardrope ave east

Public skating is free for everyone and anyone.

## **Youth Soccer - Longlac**

Date and Time: Wednesday, November 27 6:00 pm - 8:00 pm

Address: 167 Centennial Drive

Youth soccer will be held every Wednesday from 6pm to 8pm at Chateau Jeunesse gym in Longlac. Please bring indoor shoes and a water bottle. For more information contact Mohamed Salem Ould.

## **4-week Mindfulness Group**

Date and Time: Wednesday, November 27 6:30 pm - 7:30 pm

Address: Greenstone Public Library - Geraldton Branch

## **Badminton and Pickleball - Geraldton**

Date and Time: Wednesday, November 27 7:30 pm - 10:00 pm

Address: 500 Second Street West

Badminton and Pickleball will take place at the gym at Geraldton Composite High School. Please bring indoor shoes and a racket if you own one. Equipment will be provided otherwise.

## **Thursday, November 28, 2024**

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### **DROP IN and WALK N TALK**

Date and Time: Thursday, November 28 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

## **TELEPHONE BINGO SCWW**

Date and Time: Thursday, November 28 11:15 am - 12:15 pm

Address: 200 Wardrope Avenue East

Play BINGO in the comfort of your home by calling in to play on the telephone.

Call to register and get supplies! Call Bernadine at 807-853-0625

## **EPC CARPET BOWLING**

Date and Time: Thursday, November 28 1:00 pm - 4:00 pm

Address: 200 Wardrope Avenue East

Similar to Curling but indoors and warm. Learn to carpet bowl and have a few laughs. Develop skills and friendship!

## **Shinny 8 & Under - Longlac**

Date and Time: Thursday, November 28 4:00 pm - 5:20 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Shinny 12 & Under - Geraldton**

Date and Time: Thursday, November 28 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Craft Club**

Date and Time: Thursday, November 28 5:00 pm - 8:00 pm

Address: 200 Wardrope Avenue East

Bring a craft to work on or learn a grassroots craft like crocheting, knitting. Some craft supplies available.

This activity is open to ages 16 +

## **Pickleball - Longlac**

Date and Time: Thursday, November 28 6:00 pm - 8:00 pm

Address: 113 Indian Road

Pickleball every Tuesday and Thursday from 6 pm to 8 pm at Our Lady of Fatima gymnasium. Must wear indoor shoes. If you have a racket, please bring it.

## **Badminton and Pickleball - Geraldton**

Date and Time: Thursday, November 28 8:30 pm - 10:00 pm

Address: 500 Second Street West

Badminton and Pickleball will take place at the gym at Geraldton Composite High School. Please bring indoor shoes and a racket if you own one. Equipment will be provided otherwise.

## **Friday, November 29, 2024**

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### **DROP IN and WALK N TALK**

Date and Time: Friday, November 29 9:00 am - 4:00 pm

Address: 200 Wardrope Avenue East

Need a change of scenery? Visit with your peers? Coffee and Tea are always on. Drop in for a visit!

Walk N Talk - dust off your sneakers and get your steps in! It will do your body and mind good to get moving!

### **Chair Exercises SCWW**

Date and Time: Friday, November 29 11:00 am - 11:30 am

Address: 200 Wardrope Avenue East

Looking for exercise activity? Come into the EPC or stay in your living room and follow along this video lead instructor.

Must have a computer or tablet, internet and email to participate from home.

You may also come to the centre to participate with others.

### **IN PERSON BINGO**



Date and Time: Friday, November 29 12:30 pm - 1:30 pm

Address: 200 Wardrope Avenue East

No cost to play Bingo, nominal prizes, all supplies provided.

Come out for a fun time!

## **Parents & Tots - Geraldton**

Date and Time: Friday, November 29 4:00 pm - 5:20 pm

Address: 200 wardrope ave east

Parents and Tots is for those who are just learning to skate. The program is free.

## **Parents & Tots - Longlac**

Date and Time: Friday, November 29 4:00 pm - 5:20 pm

Address: 200 picnic point drive

Parents and Tots is for those who are just learning to skate. The program is free.

## **Adult Soccer - Longlac**

Date and Time: Friday, November 29 5:00 pm - 7:00 pm

Address: 167 Centennial Drive

Adult soccer is every Friday at the Chateau Jeunesse school gym in Longlac from 5pm to 7pm. Please bring indoor running shoes and a water bottle.

## **Public Skating - Longlac**

Date and Time: Friday, November 29 5:30 pm - 6:50 pm

Address: 200 picnic point drive

Public Skating is free and for everyone and anyone.

## **Public Skating - Geraldton**

Date and Time: Friday, November 29 5:30 pm - 6:50 pm

Address: 200 wardrope ave east

Public skating is free for everyone and anyone.

## Youth Basketball - Longlac

Date and Time: Friday, November 29 6:30 pm - 8:00 pm

Address: 113 Indian Road

Youth basketball is for high school kids ages 14 to 18. It is every Friday from 6:30 p.m. to 8:00 p.m. at the Our Lady of Fatima Gym. Please bring indoor running shoes and a water bottle.

## Adult Volleyball - Geraldton

Date and Time: Friday, November 29 7:30 pm - 10:00 pm

Address: 500 Second Street West

Adult volleyball every Friday from 7:30 pm to 10:00 pm at the Geraldton Composite High School gymnasium. Please bring indoor shoes.

## Shinny 13 to 18 - Longlac

Date and Time: Friday, November 29 9:00 pm - 9:50 pm

Address: 200 picnic point drive

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## Saturday, November 30, 2024

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### Christmas Craft Fair

Date and Time: Saturday, November 30 11:00 am - 3:00 pm

Address: Our Lady of Fatima Gym - Longlac

### Public Skating - Geraldton

Date and Time: Saturday, November 30 1:30 pm - 2:50 pm

Address: 200 wardrobe ave east

Public skating is free for everyone and anyone.

### Shinny 12 & Under - Geraldton

Date and Time: Saturday, November 30 3:00 pm - 3:50 pm

Address: 200 wardrobe ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

## **Public Skating/Parents & Tots - Longlac**

Date and Time: Saturday, November 30 3:30 pm - 4:50 pm

Address: 200 picnic point drive

Public Skating is free and for everyone and anyone. Parents and Tots is for those who are just learning to skate. The program is free.

## **Parents & Tots - Geraldton**

Date and Time: Saturday, November 30 4:00 pm - 4:50 pm

Address: 200 wardrope ave east

Parents and Tots is for those who are just learning to skate. The program is free.

## **Shinny 13 to 18 - Geraldton**

Date and Time: Saturday, November 30 6:00 pm - 6:50 pm

Address: 200 wardrope ave east

Shinny passes must be purchased online (daily or yearly) under recreation programs. A code of conduct must be signed before stepping on the ice.

<https://calendar.greenstone.ca>