

## Thursday, July 1, 2021

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### SCWW LINE DANCING FOR BEGINNERS

Date and Time: Thursday, July 1 2:00 pm - 3:00 pm

Address: VIRTUAL

To Join Line Dancing for Beginners, call Bernadine OBrien, EPC Coordinator. You will be emailed a Zoom link to participate!

### SCWW SING ALONG

Date and Time: Thursday, July 1 6:00 pm - 7:00 pm

Address: VIRTUAL

Sing along to music videos with lyrics. Singing soothes the soul. A variety of genres. To join and have a Zoom link emailed to you, please contact Bernadine OBrien, EPC Coordinator at 807-853-0625

## Friday, July 2, 2021

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### EarlyON Nature Walk

Date and Time: Friday, July 2 10:00 am - 10:45 am

Address: 403 3rd St West, Geraldton, ON

Let's go on a nature walk together! Children 0-6 and their parents/caregivers are invited to join us in front of Geraldton Daycare Centre, where we will walk to a nearby trail and enjoy the nature all around us. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/e-mail Ruth Marszowski at 807-854-1747/ruth.marszowski@greenstone.ca

### EarlyON Craft Kits - Nature Suncatcher

Date and Time: Friday, July 2 2:00 pm - 2:30 pm

Address: 403 3rd St West, Geraldton, ON

Kids ages 0-6 can join us on Zoom to create a nature suncatcher. Pre-registration is required by signing up on [www.keyon.ca](http://www.keyon.ca) or by calling/emailing Ruth Marszowski at 807-854-1747/ruth.marszowski@greenstone.ca. Kits will be delivered by Wednesday, June 30th, and kids can gather small bits of nature (wildflowers, leaves, etc) ahead of time in preparation for doing this craft together. Zoom link will be sent out before the event via email.

## **SCWW FEEL GOOD FRIDAY/SHARING CIRCLE**

Date and Time: Friday, July 2 4:00 pm - 5:00 pm

Address: VIRTUAL

Join our Sharing Circle, end our week on a positive note, sharing your uplifting events, poems.

To participate, please contact Bernadine O'Brien, EPC Coordinator, 807-853-0625.

## **Saturday, July 3, 2021**

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### **SCWW Gardening - Perennials for our Zone**

Date and Time: Saturday, July 3 2:00 pm - 3:00 pm

Address: VIRTUAL

Learn about growing perennials in Northern Ontario. To join please contact Bernadine O'Brien and you will be emailed a Zoom link to participate.

## **Monday, July 5, 2021**

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### **EarlyON Outdoor Music and Movement**

Date and Time: Monday, July 5 10:00 am - 10:30 am

Address: 403 3rd St West, Geraldton, ON

Parents, caregivers, and children age 0-6 can join us for outdoor music and movement, outside Geraldton Daycare Centre. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth Marszowski at 807-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca).

### **SCWW BINGO by Telephone**

Date and Time: Monday, July 5 12:45 pm - 1:30 pm

Address: VIRTUAL

Bingo using only your telephone! To join, receive cards and dabber, please call Bernadine O'Brien to register at 807-853-0625.

## **Tuesday, July 6, 2021**

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## EarlyON Songs and Stories (Virtual)

Date and Time: Tuesday, July 6 10:00 am - 10:30 am

Address: Virtual

Children ages 0-6 and their parents/caregivers can join us on Zoom for a fun time of singing and stories. Register at [www.keyon.ca](http://www.keyon.ca), or by calling/e-mailing Ruth Marszowski at 804-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca) for the Zoom link.

## SCWW TAI CHI

Date and Time: Tuesday, July 6 12:45 pm - 1:30 pm

Address: VIRTUAL

TAI CHI - join by Zoom video link. Call to register Bernadine O'Brien at 807-853-0625 or email [bernadine.obrien@greenstone.ca](mailto:bernadine.obrien@greenstone.ca) then I will send you the link to participate.

## EarlyON Outdoor Art

Date and Time: Tuesday, July 6 3:00 pm - 3:45 pm

Address: 403 3rd St West, Geraldton, ON

Children age 0-6 and their parents/caregivers can join us outside the Geraldton Daycare Centre for some outdoor, distanced art exploration. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth at 807-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca).

## SCWW BIOGRAPHIES

Date and Time: Tuesday, July 6 4:00 pm - 5:00 pm

Address: VIRTUAL

Biographies of famous people. July 6 - Sir Winston Churchill, July 20 Queen Elizabeth

To participate, please contact Bernadine OBrien, EPC Coordinator at 807-853-0625 to get the ZOOM Link to join!

## Wednesday, July 7, 2021

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## EarlyON Walk and Talk

Date and Time: Wednesday, July 7 10:00 am - 10:45 am

Address: 403 3rd St West, Geraldton, ON

Parents and caregivers of children age 0-6, please join us for a relaxing walk around Geraldton. Get some exercise and chat with other parents/caregivers! This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/e-mail Ruth Marszowski at 807-854-1747/ruth.marszowski@greenstone.ca.

## SCWW ZUMBA GOLD

Date and Time: Wednesday, July 7 12:45 pm - 1:30 pm

Address: VIRTUAL

Are you needing to get moving around? Come and dance with us and get some exercise too! Zumba Gold is low impact Exercise class for Seniors. If you would like to join, please contact Bernadine OBrien, EPC Coordinator to get the Zoom Link to participate! Many of the participants shut off their video so they can do it privately in their own home.

## EarlyON Outdoor Art

Date and Time: Wednesday, July 7 2:30 pm - 3:15 pm

Address: 403 3rd St West, Geraldton ON

Children age 0-6 and their parents/caregivers can join us outside the Geraldton Daycare Centre for some outdoor, distanced art exploration. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth at 807-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca).

## Thursday, July 8, 2021

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## EarlyON Outdoor Circle Time

Date and Time: Thursday, July 8 10:30 am - 11:00 am

Address: 403 3rd St West, Geraldton, ON

Children age 0-6 and their parents/caregivers can join us for an outdoor, distanced circle time, featuring songs, stories, games, and other fun. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth Marszowski at 807-854-1747/ruth.marszowski@greenstone.ca.

## SCWW BINGO by Telephone

Date and Time: Thursday, July 8 12:45 pm - 1:30 pm

Address: VIRTUAL

Bingo using only your telephone! To join, receive cards and dabber, please call Bernadine O'Brien to register at 807-853-0625.

## SCWW SING ALONG

Date and Time: Thursday, July 8 6:00 pm - 7:00 pm

Address: VIRTUAL

Sing along to music videos with lyrics. Singing soothes the soul. A variety of genres. To join and have a Zoom link emailed to you, please contact Bernadine OBrien, EPC Coordinator at 807-853-0625

## EarlyON Goodnight Storytime (Virtual)

Date and Time: Thursday, July 8 6:30 pm - 7:00 pm

Address: Virtual

Children age 0-6 and their parents can join us on Facebook Live ([www.facebook.com/GreenstoneEarlyON/](https://www.facebook.com/GreenstoneEarlyON/)) for a calming storytime that will offer bedtime stories, relaxing songs, and rhymes that will help little ones get ready for sleep.

## Friday, July 9, 2021

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### EarlyON Nature Walk

Date and Time: Friday, July 9 10:00 am - 10:45 am

Address: 403 3rd St West, Geraldton, ON

Let's go on a nature walk together! Children 0-6 and their parents/caregivers are invited to join us in front of Geraldton Daycare Centre, where we will walk to a nearby trail and enjoy the nature all around us. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/e-mail Ruth Marszowski at 807-854-1747/[ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca)

### EarlyON Nature Walk

Date and Time: Friday, July 9 10:00 am - 11:00 am

Address: 403 3rd St West, Geraldton ON

Let's go on a nature walk together! Children 0-6 and their parents/caregivers are invited to join us in front of Geraldton Daycare Centre, where we will walk to a nearby trail and enjoy the nature all around us. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/e-mail Ruth Marszowski at 807-854-1747/[ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca)

## SCWW CHAIR EXERCISES

Date and Time: Friday, July 9 12:45 pm - 1:30 pm

Address: VIRTUAL

CHAIR EXERCISES - no impact, geared to beginners and seniors. Call to register 807-853-0625 or email [bernadine.obrien@greenstone.ca](mailto:bernadine.obrien@greenstone.ca) You will receive a Zoom video link to join this activity.

## EarlyON Craft Kits - Craft Stick Bugs

Date and Time: Friday, July 9 2:00 pm - 2:30 pm

Address: Virtual

Join us on Zoom to make craft stick bugs together. Kits will be delivered by Wednesday, July 7th. Pre-register at [www.keyon.ca](http://www.keyon.ca) or by calling/emailing Ruth Marszowski at 807-854-1747/[ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca) to receive your kit. Kits are limited. Zoom links will be sent by email prior to the event.

## SCWW FEEL GOOD FRIDAY/SHARING CIRCLE

Date and Time: Friday, July 9 4:00 pm - 5:00 pm

Address: VIRTUAL

Join our Sharing Circle, end our week on a positive note, sharing your uplifting events, poems.

To participate, please contact Bernadine O'Brien, EPC Coordinator, 807-853-0625.

## Saturday, July 10, 2021

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### SCWW CRAFT CLUB

Date and Time: Saturday, July 10 11:00 am - 12:00 pm

Address: VIRTUAL

Let's get together to create new masterpieces! Activities vary from week to week. Learn a new skill or craft. Info about specific crafting days will be updated monthly. You will be emailed a Zoom Video link to participate. We can provide supplies for some of the activities. To register contact Bernadine O'Brien at 807-853-0625 or email

July 3 Rock Painting, July 10 Work on a craft of your choice, July 24, Painting Tips and Techniques, July 31 Breakfast Creations

### SCWW WALKING AT HOME

Date and Time: Saturday, July 10 12:45 pm - 1:30 pm

Address: VIRTUAL

Walking at home is a low impact, activity so you can stay home and keep active. If you are interested in participating please call Bernadine O'Brien to register and receive the Zoom link to participate. Phone 807-853-0625 or email [bernadine.obrien@greenstone.ca](mailto:bernadine.obrien@greenstone.ca)

## SCWW PLANNING MEETING

Date and Time: Saturday, July 10 1:30 pm - 2:00 pm

Address: VIRTUAL

Your input is important. We want to know what activities and programs you would like to see offered by our Elderly Persons Centre. Contact Bernadine OBrien at 807-853-0625 to get the Zoom Link emailed to you so you can share your ideas or suggestions.

## Monday, July 12, 2021

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### EarlyON Outdoor Music and Movement

Date and Time: Monday, July 12 10:00 am - 10:30 am

Address: 403 3rd St West, Geraldton, ON

Parents, caregivers, and children age 0-6 can join us for outdoor music and movement, outside Geraldton Daycare Centre. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth Marszowski at 807-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca).

### SCWW BINGO by Telephone

Date and Time: Monday, July 12 12:45 pm - 1:30 pm

Address: VIRTUAL

Bingo using only your telephone! To join, receive cards and dabber, please call Bernadine O'Brien to register at 807-853-0625.

### SCWW ARMCHAIR TRAVEL

Date and Time: Monday, July 12 6:00 pm - 7:00 pm

Address: VIRTUAL

Tour the world and extraordinary places in the comfort of your own home! To participate in this activity, please call to register. Call Bernadine O'Brien 807-853-0625 or email [bernadine.obrien@greenstone.ca](mailto:bernadine.obrien@greenstone.ca) Once registered you will be provided a Zoom link to connect!

### Regular Meeting of Council

Date and Time: Monday, July 12 6:30 pm

Address: 1800 Main Street

All Council Meeting [agendas](#) are available for viewing prior to the meeting.

The meeting can be viewed via the [livestream](#). A recording will also be posted following the meeting.

All residents may [subscribe](#) to receive copies of upcoming agendas or meeting minutes.

## Tuesday, July 13, 2021

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### EarlyON Songs and Stories (Virtual)

Date and Time: Tuesday, July 13 10:00 am - 10:30 am

Address: Virtual

Children ages 0-6 and their parents/caregivers can join us on Zoom for a fun time of singing and stories. Register at [www.keyon.ca](http://www.keyon.ca), or by calling/e-mailing Ruth Marszowski at 804-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca) for the Zoom link.

### SCWW TAI CHI

Date and Time: Tuesday, July 13 12:45 pm - 1:30 pm

Address: VIRTUAL

TAI CHI - join by Zoom video link. Call to register Bernadine O'Brien at 807-853-0625 or email [bernadine.obrien@greenstone.ca](mailto:bernadine.obrien@greenstone.ca) then I will send you the link to participate.

### EarlyON Outdoor Art

Date and Time: Tuesday, July 13 3:00 pm - 3:45 pm

Address: 403 3rd St West, Geraldton ON

Children age 0-6 and their parents/caregivers can join us outside the Geraldton Daycare Centre for some outdoor, distanced art exploration. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth at 807-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca).

### SCWW COMEDY HOUR

Date and Time: Tuesday, July 13 4:00 pm - 5:00 pm

Address: VIRTUAL

Wholesome, clean humour by Stewart MacLean. To join in for a few laughs contact Bernadine OBrien, EPC C



oordinator at 807853-0625.

## SCWW COMEDY HOUR

Date and Time: Tuesday, July 13 4:00 pm - 5:00 pm

Address: VIRTUAL

Wholesome, clean humour by Stewart MacLean. To join in for a few laughs contact Bernadine OBrien, EPC C oordinator at 807853-0625.

## Wednesday, July 14, 2021

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### EarlyON Walk and Talk

Date and Time: Wednesday, July 14 10:00 am - 10:45 am

Address: 403 3rd St West, Geraldton ON

Parents and caregivers of children age 0-6, please join us for a relaxing walk around Geraldton. Get some exercise and chat with other parents/caregivers! This is a limited space, registered event following Covid guidelines . Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/e-mail Ruth Marszowski at 807-854-1747/ruth.marszowski@greenstone.ca.

### SCWW ZUMBA GOLD

Date and Time: Wednesday, July 14 12:45 pm - 1:30 pm

Address: VIRTUAL

Are you needing to get moving around? Come and dance with us and get some exercise too! Zumba Gold is low impact Exercise class for Seniors. If you would like to join, please contact Bernadine OBrien, EPC Coordinator to get the Zoom Link to participate! Many of the participants shut off their video so they can do it privately in their own home.

### EarlyON Outdoor Art

Date and Time: Wednesday, July 14 2:30 pm - 3:15 pm

Address: 403 3rd St West, Geraldton ON

Children age 0-6 and their parents/caregivers can join us outside the Geraldton Daycare Centre for some outdoor, distanced art exploration. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth at 807-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca).

## EarlyON Outdoor Circle Time

Date and Time: Thursday, July 15 10:30 am - 11:00 am

Address: 403 3rd St West, Geraldton ON

Children age 0-6 and their parents/caregivers can join us for an outdoor, distanced circle time, featuring songs, stories, games, and other fun. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth Marszowski at 807-854-1747/ruth.marszowski@greenstone.ca.

## SCWW BINGO by Telephone

Date and Time: Thursday, July 15 12:45 pm - 1:30 pm

Address: VIRTUAL

Bingo using only your telephone! To join, receive cards and dabber, please call Bernadine O'Brien to register at 807-853-0625.

## SCWW LINE DANCING FOR BEGINNERS

Date and Time: Thursday, July 15 2:00 pm - 3:00 pm

Address: VIRTUAL

To Join Line Dancing for Beginners, call Bernadine OBrien, EPC Coordinator. You will be emailed a Zoom link to participate!

## EarlyON Park Play Date

Date and Time: Thursday, July 15 2:00 pm - 2:45 pm

Address: 200 Wardrobe Ave E, Geraldton, ON

Parents and caregivers of children ages 0-6, please join us for fun and games on the grassy area outside of Geraldton Community Centre. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth Marszowski at 807-854-1747/ruth.marszowski@greenstone.ca.

## SCWW SING ALONG

Date and Time: Thursday, July 15 6:00 pm - 7:00 pm

Address: VIRTUAL

Sing along to music videos with lyrics. Singing soothes the soul. A variety of genres. To join and have a Zoom link emailed to you, please contact Bernadine OBrien, EPC Coordinator at 807-853-0625

## EarlyON Goodnight Storytime (Virtual)

Date and Time: Thursday, July 15 6:30 pm - 7:00 pm

Address: 403 3rd St West, Geraldton ON

Children age 0-6 and their parents can join us on Facebook Live ([www.facebook.com/GreenstoneEarlyON/](https://www.facebook.com/GreenstoneEarlyON/)) for a calming storytime that will offer bedtime stories, relaxing songs, and rhymes that will help little ones get ready for sleep.

## Friday, July 16, 2021

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### EarlyON Nature Walk

Date and Time: Friday, July 16 10:00 am - 10:45 am

Address: 403 3rd St West, Geraldton ON

Let's go on a nature walk together! Children 0-6 and their parents/caregivers are invited to join us in front of Geraldton Daycare Centre, where we will walk to a nearby trail and enjoy the nature all around us. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/e-mail Ruth Marszowski at 807-854-1747/[ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca)

### SCWW CHAIR EXERCISES

Date and Time: Friday, July 16 12:45 pm - 1:30 pm

Address: VIRTUAL

CHAIR EXERCISES - no impact, geared to beginners and seniors. Call to register 807-853-0625 or email [bernadine.obrien@greenstone.ca](mailto:bernadine.obrien@greenstone.ca) You will receive a Zoom video link to join this activity.

### SCWW FEEL GOOD FRIDAY/SHARING CIRCLE

Date and Time: Friday, July 16 4:00 pm - 5:00 pm

Address: VIRTUAL

Join our Sharing Circle, end our week on a positive note, sharing your uplifting events, poems.

To participate, please contact Bernadine O'Brien, EPC Coordinator, 807-853-0625.

## Saturday, July 17, 2021

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## SCWW CRAFT CLUB

Date and Time: Saturday, July 17 11:00 am - 12:00 pm

Address: VIRTUAL

Let's get together to create new masterpieces! Activities vary from week to week. Learn a new skill or craft. Info about specific crafting days will be updated monthly. You will be emailed a Zoom Video link to participate. We can provide supplies for some of the activities. To register contact Bernadine O'Brien at 807-853-0625 or email

July 3 Rock Painting, July 10 Work on a craft of your choice, July 24, Painting Tips and Techniques, July 31 Breakfast Creations

## SCWW BOOK CLUB

Date and Time: Saturday, July 17 11:00 am - 12:00 pm

Address: VIRTUAL

Pick your current or favourite book, share some information so others may enjoy it too!

To participate, contact Bernadine O'Brien to receive a Zoom Link to join. 807-853-0625

## SCWW WALKING AT HOME

Date and Time: Saturday, July 17 12:45 pm - 1:30 pm

Address: VIRTUAL

Walking at home is a low impact, activity so you can stay home and keep active. If you are interested in participating please call Bernadine O'Brien to register and receive the Zoom link to participate. Phone 807-853-0625 or email [bernadine.obrien@greenstone.ca](mailto:bernadine.obrien@greenstone.ca)

## Monday, July 19, 2021

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### EarlyON Outdoor Music and Movement

Date and Time: Monday, July 19 10:00 am - 10:30 am

Address: 403 3rd St West, Geraldton ON

Parents, caregivers, and children age 0-6 can join us for outdoor music and movement, outside Geraldton Daycare Centre. We will sing active songs, move our bodies, and use instruments. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth Marszowski at 807-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca).

## SCWW BINGO by Telephone

Date and Time: Monday, July 19 12:45 pm - 1:30 pm

Address: VIRTUAL

Bingo using only your telephone! To join, receive cards and dabber, please call Bernadine O'Brien to register at 807-853-0625.

## SCWW ARMCHAIR TRAVEL

Date and Time: Monday, July 19 6:00 pm - 7:00 pm

Address: VIRTUAL

Tour the world and extraordinary places in the comfort of your own home! To participate in this activity, please call to register. Call Bernadine O'Brien 807-853-0625 or email [bernadine.obrien@greenstone.ca](mailto:bernadine.obrien@greenstone.ca) Once registered you will be provided a Zoom link to connect!

## Tuesday, July 20, 2021

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### EarlyON Songs and Stories (Virtual)

Date and Time: Tuesday, July 20 10:00 am - 10:30 am

Address: 403 3rd St West, Geraldton ON

Children ages 0-6 and their parents/caregivers can join us on Zoom for a fun time of singing and stories. Register at [www.keyon.ca](http://www.keyon.ca), or by calling/e-mailing Ruth Marszowski at 804-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca) for the Zoom link.

## SCWW TAI CHI

Date and Time: Tuesday, July 20 12:45 pm - 1:30 pm

Address: VIRTUAL

TAI CHI - join by Zoom video link. Call to register Bernadine O'Brien at 807-853-0625 or email [bernadine.obrien@greenstone.ca](mailto:bernadine.obrien@greenstone.ca) then I will send you the link to participate.

### EarlyON Outdoor Art

Date and Time: Tuesday, July 20 3:00 pm - 3:45 pm

Address: 403 3rd St West, Geraldton ON

Children age 0-6 and their parents/caregivers can join us outside the Geraldton Daycare Centre for some outdoor, distanced art exploration. This is a limited space, registered event following Covid guidelines. Please visit

[www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth at 807-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca).

## SCWW BIOGRAPHIES

Date and Time: Tuesday, July 20 4:00 pm - 5:00 pm

Address: VIRTUAL

Biographies of famous people. July 6 - Sir Winston Churchill, July 20 Queen Elizabeth

To participate, please contact Bernadine OBrien, EPC Coordinator at 807-853-0625 to get the ZOOM Link to join!

## Wednesday, July 21, 2021

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### EarlyON Walk and Talk

Date and Time: Wednesday, July 21 10:00 am - 10:45 am

Address: 403 3rd St West, Geraldton ON

Parents and caregivers of children age 0-6, please join us for a relaxing walk around Geraldton. Get some exercise and chat with other parents/caregivers! This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/e-mail Ruth Marszowski at 807-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca).

### EarlyON Craft Kit Delivery

Date and Time: Wednesday, July 21 11:00 am

Address: 403 3rd St West, Geraldton ON

Parents and caregivers of children ages 0-6 (in Geraldton), sign up each week to receive a fun craft kit for your child. Each week's craft is posted on Facebook ([www.facebook.com/GreenstoneEarlyON](https://www.facebook.com/GreenstoneEarlyON)) and on our calendar at [www.keyon.ca](http://www.keyon.ca). Kits are delivered by Wednesday and children may complete them on their own, or join us on Zoom on Friday afternoons to complete the craft together virtually. Zoom links are sent out by Thursday afternoon. Kit delivery is available for Geraldton residents only.

## SCWW ZUMBA GOLD

Date and Time: Wednesday, July 21 12:45 pm - 1:30 pm

Address: VIRTUAL

Are you needing to get moving around? Come and dance with us and get some exercise too! Zumba Gold is low impact Exercise class for Seniors. If you would like to join, please contact Bernadine OBrien, EPC Coordinator to get the Zoom Link to participate! Many of the participants shut off their video so they can do it privately

in their own home.

## EarlyON Outdoor Art

Date and Time: Wednesday, July 21 2:30 pm - 3:15 pm

Address: 403 3rd St West, Geraldton ON

Children age 0-6 and their parents/caregivers can join us outside the Geraldton Daycare Centre for some outdoor, distanced art exploration. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth at 807-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca).

## SCWW RECIPE SWAP by telephone

Date and Time: Wednesday, July 21 3:30 pm - 4:00 pm

Address: Virtual

Let's share recipes to make a community Recipe Book of our tried, tested and favourite recipes! If you have hints and tips to share, that would be great too! To join this telephone session, please contact Bernadine O'Brien to get toll free phone number to call in. Contact me at 807-853-0625 or by email at [bernadine.obrien@greenstone.ca](mailto:bernadine.obrien@greenstone.ca)

## Thursday, July 22, 2021

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### EarlyON Outdoor Circle Time

Date and Time: Thursday, July 22 10:30 am - 11:00 am

Address: 403 3rd St West, Geraldton ON

Children age 0-6 and their parents/caregivers can join us for an outdoor, distanced circle time, featuring songs, stories, games, and other fun. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth Marszowski at 807-854-1747/[ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca).

### SCWW BINGO by Telephone

Date and Time: Thursday, July 22 12:45 pm - 1:30 pm

Address: VIRTUAL

Bingo using only your telephone! To join, receive cards and dabber, please call Bernadine O'Brien to register at 807-853-0625.

### EarlyON Park Play Date

Date and Time: Thursday, July 22 2:00 pm - 2:45 pm

Address: 403 3rd St West, Geraldton ON

Parents and caregivers of children ages 0-6, please join us for fun and games on the grassy area outside of Geraldton Community Centre. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth Marszowski at 807-854-1747/ruth.marszowski@greenstone.ca.

## SCWW SING ALONG

Date and Time: Thursday, July 22 6:00 pm - 7:00 pm

Address: VIRTUAL

Sing along to music videos with lyrics. Singing soothes the soul. A variety of genres. To join and have a Zoom link emailed to you, please contact Bernadine OBrien, EPC Coordinator at 807-853-0625

## EarlyON Goodnight Storytime (Virtual)

Date and Time: Thursday, July 22 6:30 pm - 7:00 pm

Address: 403 3rd St West, Geraldton ON

Children age 0-6 and their parents and caregivers can join us on Facebook Live ([www.facebook.com/GreenstoneEarlyON/](https://www.facebook.com/GreenstoneEarlyON/)) for a calming storytime that will offer bedtime stories, relaxing songs, and rhymes that will help little ones get ready for sleep.

## Friday, July 23, 2021

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## EarlyON Nature Walk

Date and Time: Friday, July 23 10:00 am - 11:00 am

Address: 403 3rd St West, Geraldton ON

Let's go on a nature walk together! Children 0-6 and their parents/caregivers are invited to join us in front of Geraldton Daycare Centre, where we will walk to a nearby trail and enjoy the nature all around us. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/e-mail Ruth Marszowski at 807-854-1747/ruth.marszowski@greenstone.ca

## SCWW CHAIR EXERCISES

Date and Time: Friday, July 23 12:45 pm - 1:30 pm

Address: VIRTUAL

CHAIR EXERCISES - no impact, geared to beginners and seniors. Call to register 807-853-0625 or email [bernadine@greenstone.ca](mailto:bernadine@greenstone.ca)



[nadine.obrien@greenstone.ca](mailto:nadine.obrien@greenstone.ca) You will receive a Zoom video link to join this activity.

## **SCWW FEEL GOOD FRIDAY/SHARING CIRCLE**

Date and Time: Friday, July 23 4:00 pm - 5:00 pm

Address: VIRTUAL

Join our Sharing Circle, end our week on a positive note, sharing your uplifting events, poems.

To participate, please contact Bernadine O'Brien, EPC Coordinator, 807-853-0625.

## **Saturday, July 24, 2021**

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### **SCWW CRAFT CLUB**

Date and Time: Saturday, July 24 11:00 am - 12:00 pm

Address: VIRTUAL

Let's get together to create new masterpieces! Activities vary from week to week. Learn a new skill or craft. Info about specific crafting days will be updated monthly. You will be emailed a Zoom Video link to participate. We can provide supplies for some of the activities. To register contact Bernadine O'Brien at 807-853-0625 or email

July 3 Rock Painting, July 10 Work on a craft of your choice, July 24, Painting Tips and Techniques, July 31 Breakfast Creations

### **Legion Market**

Date and Time: Saturday, July 24 11:00 am - 2:00 pm

Address: 522 Main Street, Geraldton

Tables will be set up outside (weather depending)

\$10 per table

To book message or text Bernadine 853-0904

Free Admission

COVID protocols in place. Masks, sanitizer and social distancing.

### **SCWW WALKING AT HOME**

Date and Time: Saturday, July 24 12:45 pm - 1:30 pm

Address: VIRTUAL

Walking at home is a low impact, activity so you can stay home and keep active. If you are interested in participating please call Bernadine O'Brien to register and receive the Zoom link to participate. Phone 807-853-0625 or email [bernadine.obrien@greenstone.ca](mailto:bernadine.obrien@greenstone.ca)

## Monday, July 26, 2021

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### EarlyON Outdoor Music and Movement

Date and Time: Monday, July 26 10:00 am - 10:30 am

Address: 403 3rd St West, Geraldton ON

Parents, caregivers, and children age 0-6 can join us for outdoor music and movement, outside Geraldton Daycare Centre. We will sing active songs, move our bodies, and use instruments. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth Marszowski at 807-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca).

### SCWW BINGO by Telephone

Date and Time: Monday, July 26 12:45 pm - 1:30 pm

Address: VIRTUAL

Bingo using only your telephone! To join, receive cards and dabber, please call Bernadine O'Brien to register at 807-853-0625.

### SCWW ARMCHAIR TRAVEL

Date and Time: Monday, July 26 6:00 pm - 7:00 pm

Address: VIRTUAL

Tour the world and extraordinary places in the comfort of your own home! To participate in this activity, please call to register. Call Bernadine O'Brien 807-853-0625 or email [bernadine.obrien@greenstone.ca](mailto:bernadine.obrien@greenstone.ca) Once registered you will be provided a Zoom link to connect!

## Tuesday, July 27, 2021

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### EarlyON Songs and Stories (Virtual)

Date and Time: Tuesday, July 27 10:00 am - 10:30 am

Address: 403 3rd St West, Geraldton ON

Children ages 0-6 and their parents/caregivers can join us on Zoom for a fun time of singing and stories. Register at [www.keyon.ca](http://www.keyon.ca), or by calling/e-mailing Ruth Marszowski at 804-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca)

e.ca for the Zoom link.

## SCWW TAI CHI

Date and Time: Tuesday, July 27 12:45 pm - 1:30 pm

Address: VIRTUAL

TAI CHI - join by Zoom video link. Call to register Bernadine O'Brien at 807-853-0625 or email [bernadine.obrien@greenstone.ca](mailto:bernadine.obrien@greenstone.ca) then I will send you the link to participate.

## EarlyON Outdoor Art

Date and Time: Tuesday, July 27 3:00 pm - 3:45 pm

Address: 403 3rd St West, Geraldton ON

Children age 0-6 and their parents/caregivers can join us outside the Geraldton Daycare Centre for some outdoor, distanced art exploration. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth at 807-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca).

## SCWW COMEDY HOUR

Date and Time: Tuesday, July 27 4:00 pm - 5:00 pm

Address: VIRTUAL

Wholesome, clean humour by Stewart MacLean. To join in for a few laughs contact Bernadine OBrien, EPC Coordinator at 807853-0625.

## Wednesday, July 28, 2021

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### EarlyON Walk and Talk

Date and Time: Wednesday, July 28 10:00 am - 10:45 am

Address: 403 3rd St West, Geraldton ON

Parents and caregivers of children age 0-6, please join us for a relaxing walk around Geraldton. Get some exercise and chat with other parents/caregivers! This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/e-mail Ruth Marszowski at 807-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca).

### EarlyON Craft Kit Delivery

Date and Time: Wednesday, July 28 11:00 am

Address: 403 3rd St West, Geraldton ON

Parents and caregivers of children ages 0-6 (in Geraldton), sign up each week to receive a fun craft kit for your child. Each week's craft is posted on Facebook ([www.facebook.com/GreenstoneEarlyON](https://www.facebook.com/GreenstoneEarlyON)) and on our calendar at [www.keyon.ca](http://www.keyon.ca). Kits are delivered by Wednesday and children may complete them on their own, or join us on Zoom on Friday afternoons to complete the craft together virtually. Zoom links are sent out by Thursday afternoon. Kit delivery is available for Geraldton residents only.

## SCWW ZUMBA GOLD

Date and Time: Wednesday, July 28 12:45 pm - 1:30 pm

Address: VIRTUAL

Are you needing to get moving around? Come and dance with us and get some exercise too! Zumba Gold is low impact Exercise class for Seniors. If you would like to join, please contact Bernadine OBrien, EPC Coordinator to get the Zoom Link to participate! Many of the participants shut off their video so they can do it privately in their own home.

## EarlyON Outdoor Art

Date and Time: Wednesday, July 28 2:30 pm - 3:15 pm

Address: 403 3rd St West, Geraldton ON

Children age 0-6 and their parents/caregivers can join us outside the Geraldton Daycare Centre for some outdoor, distanced art exploration. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth at 807-854-1747/ [ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca).

## SCWW Puzzle making with your friends

Date and Time: Wednesday, July 28 3:30 pm - 4:00 pm

Address: Virtual

Join your friends online via Zoom link and compare your puzzle making skills. Puzzles may be borrowed from Seniors Centre. To join please contact Bernadine O'Brien at 807-853-0625 or by email at [bernadine.obrien@greenstone.ca](mailto:bernadine.obrien@greenstone.ca)

## Thursday, July 29, 2021

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## EarlyON Outdoor Circle Time

Date and Time: Thursday, July 29 10:30 am - 11:00 am

Address: 403 3rd St West, Geraldton ON

Children age 0-6 and their parents/caregivers can join us for an outdoor, distanced circle time, featuring songs, stories, games, and other fun. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth Marszowski at 807-854-1747/ruth.marszowski@greenstone.ca.

## **SCWW BINGO by Telephone**

Date and Time: Thursday, July 29 12:45 pm - 1:30 pm

Address: VIRTUAL

Bingo using only your telephone! To join, receive cards and dabber, please call Bernadine O'Brien to register at 807-853-0625.

## **SCWW LINE DANCING FOR BEGINNERS**

Date and Time: Thursday, July 29 2:00 pm - 3:00 pm

Address: VIRTUAL

To Join Line Dancing for Beginners, call Bernadine OBrien, EPC Coordinator. You will be emailed a Zoom link to participate!

## **EarlyON Park Play Date**

Date and Time: Thursday, July 29 2:00 pm - 2:45 pm

Address: 403 3rd St West, Geraldton ON

Parents and caregivers of children ages 0-6, please join us for fun and games on the grassy area outside of Geraldton Community Centre. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/email Ruth Marszowski at 807-854-1747/ruth.marszowski@greenstone.ca.

## **SCWW SING ALONG**

Date and Time: Thursday, July 29 6:00 pm - 7:00 pm

Address: VIRTUAL

Sing along to music videos with lyrics. Singing soothes the soul. A variety of genres. To join and have a Zoom link emailed to you, please contact Bernadine OBrien, EPC Coordinator at 807-853-0625

## **EarlyON Goodnight Storytime (Virtual)**

Date and Time: Thursday, July 29 6:30 pm - 7:00 pm

Address: 403 3rd St West, Geraldton ON

Children age 0-6 and their parents and caregivers can join us on Facebook Live ([www.facebook.com/GreenstoneEarlyON/](https://www.facebook.com/GreenstoneEarlyON/)) for a calming storytime that will offer bedtime stories, relaxing songs, and rhymes that will help little ones get ready for sleep.

## Friday, July 30, 2021

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### EarlyON Nature Walk

Date and Time: Friday, July 30 10:00 am - 11:00 am

Address: 403 3rd St West, Geraldton ON

Let's go on a nature walk together! Children 0-6 and their parents/caregivers are invited to join us in front of Geraldton Daycare Centre, where we will walk to a nearby trail and enjoy the nature all around us. This is a limited space, registered event following Covid guidelines. Please visit [www.keyon.ca](http://www.keyon.ca) for schedules and registration, or call/e-mail Ruth Marszowski at 807-854-1747/[ruth.marszowski@greenstone.ca](mailto:ruth.marszowski@greenstone.ca)

### SCWW CHAIR EXERCISES

Date and Time: Friday, July 30 12:45 pm - 1:30 pm

Address: VIRTUAL

CHAIR EXERCISES - no impact, geared to beginners and seniors. Call to register 807-853-0625 or email [bernadine.obrien@greenstone.ca](mailto:bernadine.obrien@greenstone.ca) You will receive a Zoom video link to join this activity.

### SCWW FEEL GOOD FRIDAY/SHARING CIRCLE

Date and Time: Friday, July 30 4:00 pm - 5:00 pm

Address: VIRTUAL

Join our Sharing Circle, end our week on a positive note, sharing your uplifting events, poems.

To participate, please contact Bernadine O'Brien, EPC Coordinator, 807-853-0625.

## Saturday, July 31, 2021

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### SCWW CRAFT CLUB

Date and Time: Saturday, July 31 11:00 am - 12:00 pm

Address: VIRTUAL

Let's get together to create new masterpieces! Activities vary from week to week. Learn a new skill or craft. Info about specific crafting days will be updated monthly. You will be emailed a Zoom Video link to participate.

We can provide supplies for some of the activities. To register contact Bernadine O'Brien at 807-853-0625 or email

July 3 Rock Painting, July 10 Work on a craft of your choice, July 24, Painting Tips and Techniques, July 31 Breakfast Creations

## SCWW WALKING AT HOME

Date and Time: Saturday, July 31 12:45 pm - 1:30 pm

Address: VIRTUAL

Walking at home is a low impact, activity so you can stay home and keep active. If you are interested in participating please call Bernadine O'Brien to register and receive the Zoom link to participate. Phone 807-853-0625 or email [bernadine.obrien@greenstone.ca](mailto:bernadine.obrien@greenstone.ca)

<https://calendar.greenstone.ca>